From the Assistant Principal - Head of Primary

How to Praise your Child and Encourage a Growth Mindset

The way you interact with your child has a major impact on the way they think about themselves and how they perform in school. Did you know that some praise can actually hinder your child’s school performance?

Want to know more? Watch this clip for some tips:
http://www.gostrengths.com/3-ways-to-praise-kids-without-saying-good-job/

Year 4 Camp

The Year 4 children are preparing for their adventure at Midginbill Hill Camp next Wednesday to Friday. The focus of this experience is to develop the necessary leadership skills they draw upon in their final year at the Sunshine Avenue campus.

Afternoon Pick Up Reminder

In order to facilitate a steady flow of traffic for parents utilising the pick up system at Sunshine Avenue, drivers are required to stay in their car at all times. The staff member on duty will accompany your child to the car. If your child is unable to independently seat themselves and buckle their own seat belt, we ask parents to park along Sunshine Avenue and walk into the school grounds to collect their child.

Student School Banking

Commonwealth School Banking Account opening morning - Wednesday 18 March.

The Commonwealth Bank staff will be available from 8:15am to open any new accounts, parents/guardians need to have ID (driver’s licence).

We are seeking a volunteer from our school community to process the Commonwealth Bank student banking each fortnight on a Wednesday morning. For further information please contact the Sunshine Avenue Administration Office on 07 5523 1143.

Before School Supervision

Please note that supervision for students at the Mahers Lane campus is from 7:50am. No child should arrive to school prior to this time

At the Sunshine Avenue campus a teacher is on duty from 8:15am.

Michele Chandler

Fit balls in Year 4

Stability balls, the large inflatable balls used for yoga and exercise, can also be used in classrooms in place of chairs. In Year 4 we have several of these for our students to use. The balls aren’t used for fun, but rather to help students sit up straight and engage the muscles and the parts of their brains needed to remain balanced on a large ball. Stability ball classroom chairs provide benefits ranging from quieter classrooms to more attentive students.
Our school has been invited to participate in the 2015 International Competitions and Assessments for Schools, which is run by the University of NSW. This competition is for schools in Australia, Africa, the Pacific Region and USA. ICAS provides an opportunity for students to gain a measure of their own achievement in an external testing situation. All students receive a certificate and an individual student report indicating which questions they answered correctly and their score compared with the rest of the students tested.

The details of the competitions are:

<table>
<thead>
<tr>
<th>Subject</th>
<th>Date</th>
<th>Fee</th>
<th>Years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Digital Technologies</td>
<td>Tuesday 19 May</td>
<td>$8.80</td>
<td>Year 3 - Year 6</td>
</tr>
<tr>
<td>Science</td>
<td>Wednesday 3 June</td>
<td>$8.80</td>
<td>Year 2 - Year 6</td>
</tr>
<tr>
<td>Writing</td>
<td>Monday 15 June-Friday 19 June</td>
<td>$18.70</td>
<td>Year 3 - Year 6</td>
</tr>
<tr>
<td>Spelling</td>
<td>Tuesday 16 June</td>
<td>$12.10</td>
<td>Year 3 - Year 6</td>
</tr>
<tr>
<td>English</td>
<td>Tuesday 28 July</td>
<td>$8.80</td>
<td>Year 2 - Year 6</td>
</tr>
<tr>
<td>Mathematics</td>
<td>Tuesday 11 August</td>
<td>$8.80</td>
<td>Year 2 - Year 6</td>
</tr>
</tbody>
</table>

The closing date for entries is Monday 30 March.

Please discuss these competitions with your son/daughter and if they wish to enter, please advise student administration as soon as possible and a form will be sent home for you to complete.

Engaging the Mind. When students sit on stability balls, both sides of their brains are engaged in keeping their bodies centered on the balls and when the brain is stimulated, it’s more focussed on learning. Not only is the brain better suited to processing new information, young minds are also better able to concentrate on exams, note-taking, class discussions, and other aspects of classroom learning. Studies have shown that students using ball chairs were able to sit still, focus and write more words clearly. Researchers have also found that the ability to move around more while sitting made the students more attentive.

When a child sits on a ball chair, they are able to direct their natural kinesthetic energy and need for movement in a positive way, because the child on a ball chair has to constantly move their body on the chair to maintain their balance.

So rather than squash a child’s innate need for movement, ball chairs channel their physical energy in a positive way, allowing them to focus on their work more completely and reach their full potential as learners.

From 6DD- Doctiloquent class

We have begun our last year of Primary school. Doctiloquent means speaking learnedly and we are certainly putting this into practise in our class.

Science has started with a BANG. We are asking the question “What are solids, liquids and gases?” We have been observing different objects and substances then asking whether it’s a solid or liquid. After that we wrote down our thinking on a sheet. We’ve also made cornflour slime and discussed whether it was a solid or a liquid and what would happen if we did different things to it.

We have been learning about diversity and are on our way to writing a small picture book that we will share with Year 2 students at the Sunshine Avenue Campus. The books are going to be based on a picture book called “It’s Ok To Be Different”, by Todd Parr.

We are also experimenting with new iPad apps that are supporting our learning. Our favourite app so far is Edmodo as it helps with our learning as well as working as a communication tool for our class.

So overall Year 6 have had a great start to 2015 and are expecting an exciting and busy year ahead.

I believe we all need to take time from the busyness of daily life to do some pondering and reflecting on how we are travelling emotionally and spiritually. Even as a minister of the church, each year I discover things about my habits and practice that can be tuned up and improved upon. The biblical word is “repent.”

All too often, “repent” has been used as a command in a negative way to beat people into submission or frighten them into changing their ways.

However, the most accurate English translation of repent is “to go beyond the mind you have”. Repent comes from the Greek word “metamorphothe” from which we also get “metamorphosis” which is all about transformation. Repent is supposed to convey a sense of encouragement and hope as you reflect upon issues and circumstances in life which could be improved, and a way to engage in that process is to go beyond the mind you have to something more positive, more generous, more gracious; dare I say, “more godly”.

I hope and pray for all our students and families that Lent might be embraced as a time of spiritual renewal.

Bless you all.

Miss Belinda Keen
Sunshine Avenue campus Term 1
House Captains

St Andrew
Sven Loemker
Ariana Brown
St Barnabas
Olivia Copeland
Curran Carr
St Cuthbert
Samara Skene
Sabina Dempsey
St Stephen
Amity Chaffey
Jye Walker

2015 Stage 3 House Captains & Prefects

Congratulations to the following Year 6 students who have been elected for leadership positions in 2015:

St Andrew
Paige Williams
Jayden O’Rourke
St Cuthbert
Jessica Courtney
Travis Lavender
St Barnabas
Lucy Tandler
Lewis Koppel
St Stephen
Georgia Wilson
Jacob Sands
Prefects
Fletcher Koppel
Imogen Parry

Students will be presented with their badges at the school assembly at Mahers Lane on Tuesday 24 February at 11:55am in Ngahriyah. Parents are invited to attend.

Krissy Affleck, Stage 3 Coordinator

Sports News
Lindisfarne Netball

Sign-on, registrations and grading have been completed for the 2015 season. Should you still wish to play netball for Lindisfarne please contact the Lindisfarne Netball Committee on lasnetball@gmail.com.

IGA Kicks for Goals - Soccer

Coach Bazza did fun skills and games for all Primary students in PE lessons this week with his IGA Kicks for Goals Program. A lot of fun was had by all.

Swimming

Best of luck to the forty four Primary students competing in the NCIS Swimming Championships in Lismore on Tuesday 3 March.

Rugby Union

Casuarina Cup and Shield - Thursday 5 March – Casuarina Rugby Fields – Years 3 to 6

Training days:
U10’s
Wednesday 25 February (Year 3 only, Year 4 are on camp) Friday 27 February Wednesday 4 March
3.15pm-4.45pm, Arkinstall Park, Sunshine Avenue campus.
Coaches are Mr Brett McKimmin and Mr Brett Glover. Should you like to assist please come along.
U12’s
Monday 23 February Monday 2 March
3.30pm-5:00pm, top oval, Mahers Lane campus.
Mr Kane Milroy has offered to coach, but would love some assistance. Please contact Jodie Arnold on jarnold@lindisfarne.nsw.edu.au.

NCIS Soccer Championships - Wednesday 11 March – Armidale – Open Primary teams

The second trial for the Primary boys’ team is at lunchtime on Monday 23 February on the top oval at Mahers Lane campus. The girls team is confirmed and are not required to trial.

Sarah Rolfe, KT Teacher

RAVE
With Rev Chad

Each Thursday afternoon, Kindergarten meet with Rev Chad during a session called RAVE, which stands for Religious And Values Education. During our most recent session, Rev Chad read the students the story ‘Edward The Emu’ and talked to them about being happy with who we are. The children were reminded, just like Edward in the story, not to try to be someone or something they are not in the hope of fitting in. The students are also learning the song ‘If I Were A Butterfly’, another reminder to celebrate all that makes us special and unique.

Sarah Rolfe, KT Teacher
Rugby League

Group 18 Primary All Schools Rugby League Challenge - Tuesday 24 March - South Tweed Juniors - Years 3 to 6

Training days:
U10’s
Thursday 5 March Thursday 12 March
Thursday 19 March
3.15pm-4.45pm, Arkinstall Park, Sunshine Avenue campus. Coaches are Mr Clayton Crawford and Mr Brett Glover.

U12’s
Monday 9 March Monday 16 March
Monday 23 March
3.30pm-5:00pm, top oval, Mahers Lane campus.

A coach is still required. Please contact Jodie Arnold on jarnold@lindisfarne.nsw.edu.au if you are available to coach.

Hockey

Fitzpatrick Cup – Monday 30 March – Murwillumbah – Years 5 and 6

We have forty five Years 5 and 6 students interested in competing on this day.

Jodie Arnold, PE Teacher

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AFL Mixed 9'S

COMPETITION

Broadbeach Cats AFC are running a MIXED AFL 9’S Competition.

Where: Broadbeach AFC
When: Starting Monday 20th April
Times: 6:00pm to 9:00pm

This is a 9 week competition including week 1 orientation, it will be on the same day and time each week.

For more information, please call Emily Davis on 0449 769 354
Or go to the following link to register your team http://afl9s.com.au/register/

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Swimming NSW

Indigenous Participation Program

TRAC and Swimming NSW have partnered up to provide discounted swimming lessons for Indigenous kids in the Tweed.

Funding for Indigenous Swimming Lessons Continues in 2015

TRAC is again partnering with Swimming NSW in 2015 to offer subsidised swimming lessons to indigenous children in the community. This program is aimed at promoting swimming as a life saving skill for children. Parents are required to make a small contribution ($24.00) towards the term lesson fee.

Simply choose the TRAC centre closest to you and give us a call to arrange an assessment. Book now!

Term 1: 2 Feb - 2 April
Term 2: 20 April - 27 June
Term 3: 13 July - 19 September
Term 4: 6 October - 19 December

Murwillumbah (02) 6670 2750
Kingscliff (02) 6674 0195
Tweed Heads (07) 5569 3120

trac.tweed.nsw.gov.au

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Come and join in the fun at
Coffee Club @ Lindisfarne

* Make hands on resources for teachers to use with children in their classrooms
* Meet and enjoy the company of other parents in the community

When: Every Wednesday morning
9:00am - 10:30am

Where: Sunshine Avenue campus
staffroom