From the Head of Primary

Welcome back to Term 4. We have a very busy time ahead with many exciting events planned. Below are some key dates for the term - be sure to look out for further information for each event as it is sent to families over the coming weeks.

- **Stage 3 Small Scholars Seminars**
  - 14 October

- **Kindergarten Dental Checks**
  - 14 October

- **Preschool Water Day**
  - 14 October

- **Fun Swimming Carnival**
  - 15 October

- **Stage 3 P&F Disco**
  - 16 October

- **Road Safety Week**
  - 19 – 23 October

- **Years 3 and 4 Bike Safety**
  - 21 October

- **Year 4 Tweed Library Excursion**
  - 22 October

- **Preschool 2016 Parent Information Evening**
  - 26 October

- **Kindergarten 2016 Parent Information Evening**
  - 27 October

- **Year 7 2016 Parent Information Evening**
  - 13 November

- **Kindergarten 2016 Transition**
  - 17 November

- **Stage 3 Showcase**
  - 20 November

- **Kindergarten Currambim Sanctuary**
  - 24 November

- **Year 6 Graduation Liturgy and excursion**
  - 27 November

- **Primary Speech Night**
  - 1 December

- **ELC Celebration**
  - 2 December

Sun Safety

As the weather becomes increasingly warmer, it is even more important for students to wear hats when outdoors. This includes whilst waiting to be picked up each afternoon. Please join the teachers in reminding your child of the importance of this sun safe practice.

Brain Builder Fact

Many people believe having a superior intelligence or ability is the key to success. However, research shows that an overemphasis on intellect or talent and the suggestion that these traits are innate or fixed, leaves people vulnerable to failure, fearful of challenge and unmotivated to learn. Teaching children to have a growth mindset with a focus on process, rather than on intelligence or talent, produces high achievers in school and life.

Adults can foster a growth mindset in children by praising them for their persistence or strategies rather than for their intelligence, by sharing stories of success that emphasise hard work and a love of learning and by teaching them how their brain is a learning machine.

Michele Chandler
Total Football Academy

Coach Julia and Coach Nicolas from Total Football Academy visited Lindisfarne this week and treated all students in Kindergarten to Year 2 to numerous fun soccer skills sessions and mini games in their huge inflatable football field.

Sports News

**FUN Swimming Carnival – Kindergarten to Year 2**

Lindisfarne's annual FUN Swimming Carnival for all students in Kindergarten to Year 2 will be held on Thursday 15 October at Kingscliff Pool. Parents, please wear your swimmers and jump in too. We would love some parent helpers in each lane of the pool all day to help make our youngest students feel comfortable. Please remember this is a FUN Carnival so there won't be any timekeeping, ribbons or points, just fun for all involved. A rash shirt is compulsory for all students for this event.

**NCIS Basketball Championships**

The NCIS Basketball Championships are being held in Coffs Harbour on Tuesday 3 November. We will be taking one boys and one girls team from Stage 3. If your child is interested in attending, please have them email Jodie Arnold on jarnold@lindisfarne.nsw.edu.au as soon as possible. Should you wish to coach/manage a team on the day please contact Jodie Arnold via email.

**Sports Presentation**

Our annual Sports Presentation Assembly is on Tuesday 10 November at 10:55am. More details will be advised in the coming weeks.

Community Notices

Total Football Academy are offering a six week afternoon program for any interested students from Preschool to Year 4. This program is held at Arkinstall Park every Wednesday and commences on 21 October from 3:20pm - 4:20pm, at a cost of $99.00. An adult must take students to this directly. Sign up online www.totalfootballacademy.com.au.

Jodie Arnold, PE Teacher
Early Learning Centre Coming Events

**Wednesday 14 October**
Preschool Water Day

**Monday 26 October**
Preschool Information Night  6:30pm-7:30pm

**Tuesday 27 October**
Kindergarten Information Night  6:30pm-7:30pm

**Wednesday 4 November**
Kindergarten Transition Session  9:00am-10:00am

**Tuesday 17 November**
Kindergarten Transition Session  9:00am-10:00am

**Monday - Wednesday 23 - 25 November**
Portfolio viewing - Preschool

**Friday 27 November**
Last Playgroup session for the year

**Wednesday 3 December**
ELC End of Year Celebrations  9:00am-10:30am

Toy Catalogue Fundraiser
At the end of Term 3 all Preschool families should have received toy catalogues. There are a range of great toys, activities and games available in these catalogues. For every item that is sold the company gives 25% back to the Preschool for the purchase of equipment. We would love to increase our Lego supply, so your support in helping us do this is greatly appreciated.

Term 4
This term, the Preschool Possum and Koala classes will continue to do group activities in preparation for Kindergarten. A big thank you to the parents who give their time to help out in the classrooms - it is appreciated by the teachers and the students.

As the weather is heating up the children will be doing lots of water play, including using the hoses, water troughs and the pond area, so we often have a lot of wet clothes. Please ensure your child has a spare set of clothes in their bag (including underwear). If you have any spare clothes your child has grown out of they would be very much appreciated as our supplies are running low.

Book Bags
Preschool Possum and Koala students will be bringing home a book bag each week. Please see the detailed information that was sent home at the end of Term 3. Students will not be issued with a book until the contract sheet has been signed and returned.

Students from Southern Cross University
Preschool Possum and Koala classes will be welcoming students from Southern Cross University into their classrooms in Term 4. These students will complete their practical time in the classrooms - observing at first and then teaching under the full supervision of the Preschool teachers.

Preschool Possums Learning Activities
October 16th is Nude Food Day so this fortnights focus is on all things waste free & nude food (food not wrapped in plastic, foil or commercial packaging). Nude food encourages healthier eating & reduces the amount of rubbish going into bins, on the ground & polluting our planet. So you will notice our green theme!

N - naked
U - unpackaged food
D - delivers an
E - environmentally

F - friendly
O - option that
O - offers healthy,
D - delicious & yummy food

Here’s some great nude food lunchbox ideas from local Early Learning Centre’s in Northern NSW.

Tips for packing nude food
- Look for lunchboxes that have lots of sections so you can separate foods
- Have a good selection of containers in different shapes & sizes
- Make your own version of pre-packaged foods like cheese & crackers.
- Select seasonal & local vegies & fruit - more environmentally friendly!
- Buy foods in larger quantities & decant into reusable containers - cheaper as well!
- Compost leftovers or use your green bin
- Have a go at growing your own veg & fruit
The Lindisfarne Parents and Friends Association and Parent Representatives have arranged for a coffee van to visit the Sunshine Avenue campus for morning drop off.

This is a wonderful opportunity to have a coffee, relax and chat with other parents in the Lindisfarne community.

**Friday**

**From 8:15am**

*(Beginning of drop off time)*