

Lindisfarne Anglican Grammar School

2017 Elevate Proposal

7 February 2017



Why Choose Elevate?

Young, Charismatic Presenters

Elevate workshops are presented by university students who have recently faced and aced high school themselves. Presenters are energetic, speak the same language as your students, and get them thinking about study skills from a fellow student's perspective.

Practical skills based on 14 years of research

There is a lot of advice out there about study skills, and unfortunately a lot of myths that *seem* to make sense on the surface. Elevate conducts rigorous research each year to work out what the top students are *actually doing*, to make sure students get simple, practical and effective skills in our workshops.

Follow-up resources

Good study skills aren't built in an hour - they take consistent practice. We know that teachers often have limited time to follow up, and provide staff with a comprehensive and easy-to-use teacher implementation kit after each workshop. These kits are modular, contain short videos, and can be run in pastoral care time or in a subject line.

Guaranteed results

At Elevate, our vision for your school is not to just to run a high-impact workshop. Instead, our vision is to create a lasting cultural change in the way students approach study. Every workshop comes with free online surveying to first benchmark, and then track students' use of study skills over time. This allows us to tailor your program to the specific needs of your students, and then make tailored recommendations for how to best conduct follow-up across the year.

Parent and Staff workshops

With the Elevate program, the best outcomes occur when parents, staff and students are all speaking the same language of study skills. Elevate runs heavily discounted staff and parent workshops to bring all stakeholders up to speed with the program, and share best practices for reinforcing it in the classroom and at home.

Your strategic partner

Whether we are working with a single class or every year level, Elevate has a long-term outlook. Our goal is to create lasting change within schools. Study skills are integral to every school's strategic plan, and we are there every step of the way to support schools achieve their long-term study skills goals.

2017 Elevate Program

Year 7 – 9 Program

Study Skills Kick Start	Year 7 and 8	Date TBC
<p>This seminar breaks down the transition process from primary to secondary education, introducing students to the fundamental skills that they need to be using over the coming years.</p> <p>Skills covered:</p> <p>Dynamic reading How to read a text and pull out the key points, not just summarise every sentence.</p> <p>Note taking How to get those ideas the students have extracted from their readings into an organised set of notes that will facilitate effective learning.</p> <p>Conceptual learning skills Teaching students how to break the information into its relevant parts as opposed to simply rote-learning the material.</p> <p>Independent learning What independent learning means and how to get it done.</p>		

Memory & Mnemonics (Jnr)	Year 9	Date TBC
<p>The only thing trickier than getting through all the work in the final years of school can be remembering it! In this seminar we cover simple to use techniques and strategies that help students with their memorisation and recall of information. This seminar also shows students what an ineffective study environment can do to their memory. Students are introduced to ways to deal with Facebook, music, TV, distractions, internet and ineffective work times.</p> <p>Skills covered:</p> <ul style="list-style-type: none"> • Understanding memory and how to manipulate it • Examination of why we forget • How to ensure more information is retained • Effective revision strategies • How to minimise reliance on rote learning 		

2017 Elevate Program

Year 10 – 12 Program

Study Sensei	Year 10 and 11	Date TBC
<p>We address the question: “What is study?” This seminar breaks down the study techniques of the top students, providing students with a road-map for what work they need to be doing across the year and how to do it.</p> <p>Skills covered:</p> <p>Working consistently How to get notes done during term, instead of just before exams.</p> <p>Note taking How to get the ideas students have extracted from their readings into an organized set of notes that will facilitate effective learning.</p> <p>Conceptual learning skills Teaching students how to break the information into its relevant parts as opposed to simply rote-learning the material.</p> <p>Standing out on assessment How to distinguish oneself from the thousands of other students being taught the same material.</p>		

Time Management	Year 11	Date TBC
<p>This seminar addresses the second most common question: “Once I know what to do, how do I find the time to do it?” Students have busy lives and for most the challenge is simply finding time to get the work done.</p> <p>Skills covered:</p> <p>Study routine How to develop a study routine that allows for socialising, sport and extra-curricular activities but still ensures productivity.</p> <p>Working smart How to identify the work that is going to get students the most marks across their final years and how to ensure that it gets done.</p> <p>Study groups Students are shown how to leverage their time across the year by using study groups. This is a particularly powerful academic technique for those students who are time-poor.</p> <p>Procrastination Students are introduced to the most common reasons underlying procrastination and how to manage them, if not eliminate them altogether.</p>		

2017 Elevate Program

Support Program

Staff Workshop	Staff	Date TBC
<p>The best way to achieve a cultural change within the school is to ensure teachers and students are speaking the same language of study skills. Elevate’s staff workshop is a 60-minute exposition of the research behind the Elevate program, how to use the teacher resources, and sharing of best practices from other schools.</p> <p>Topics covered:</p> <p>Research Discussion of Elevate’s ongoing research into study best practices, as well as research from top institutions into effective study practices.</p> <p>Outline of program What we do, our philosophy to study skills, and an outline of the program being run at the school.</p> <p>Best practices How to use Elevate’s extensive teacher resources to ensure staff are able to easily follow up the student workshops in the classroom.</p>		

Parent Workshop	Parents	Date TBC
<p>Parents form a critical part of students’ study habits, and are ideally placed to help reinforce effective study habits while discouraging poor ones at home. This workshop equips parents of all backgrounds with a number of practical tips to provide effective support for the program at home.</p> <p>Topics covered:</p> <p>Study environment Discussion of what an ideal study environment looks like, and how to ensure students are able to maximise concentration.</p> <p>Technology What role technology plays in aiding study, and how to ensure it doesn’t become an enormous distraction.</p> <p>Best practices Exposition of a number of core skills presented to the students, and signs to look for at home when students are straying from their use.</p> <p>Q & A Parents have a lot of questions about study – the presenter will open the seminar to the audience and accept questions about the program and how to support it at home.</p>		

Follow Up Program

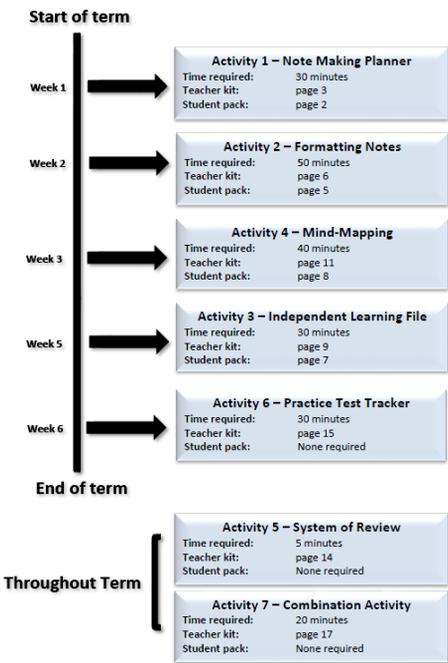
Teacher Implementation Kits

A Modular Approach

We all know that follow-up is critical to the success of a study skills program. However, where follow-up ideas are provided they are often time-consuming and difficult to implement uniformly across multiple classes. With every Elevate workshop, staff are provided with clear, easy-to-use modules that can be run in pastoral care time, or in a subject such as English. All modules are designed with ease-of use in mind, and are supported by short videos to show staff how best to follow up. Each workshop is accompanied by 4-6 classroom modules for year-long follow up.

Resource Outline

This resource is built around the *Study Sensei* seminar, and is designed to reinforce the study skills covered in the seminar. Students are provided with a booklet which they will work through during these modules and can reference at home. To help with your planning, here is how you might want to structure the implementation of follow-up over a term:



Week	Activity	Time required	Teacher kit	Student pack
Week 1	Activity 1 – Note Making Planner	30 minutes	page 3	page 2
Week 2	Activity 2 – Formatting Notes	50 minutes	page 6	page 5
Week 3	Activity 4 – Mind-Mapping	40 minutes	page 11	page 8
Week 5	Activity 3 – Independent Learning File	30 minutes	page 9	page 7
Week 6	Activity 6 – Practice Test Tracker	30 minutes	page 15	None required
Throughout Term	Activity 5 – System of Review	5 minutes	page 14	None required
Throughout Term	Activity 7 – Combination Activity	20 minutes	page 17	None required

Activity 1 – Note Making Planner

Initial class time required: 25-30 minutes
 Follow-up time: 5 minutes each week
 Suitable subjects: Humanities subjects
 Resources required: Activity 1 from *Student Template Pack* (page 2)
 When: Start of term.

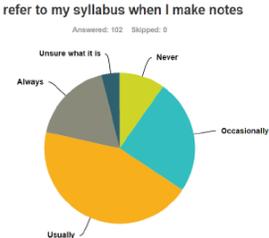


Research Background

Introduction



Top performing students use their syllabus (or course outline) to structure their revision across the year, and then as a checklist before exams. The majority of students will walk into an exam with gaps in their knowledge where they simply haven't revised content. You can see in the example above, taken from a year 11 cohort, that many students (over 30%) either use their syllabus intermittently or not at all. This is a common finding in most senior year groups. Yet regular use of the syllabus provides students with a framework to focus their revision. It gives them confidence in knowing that having studied each learning outcome that appears in the syllabus, they will have covered every topic that could appear in an exam. This activity encourages students to make notes from the syllabus by setting the notes they intend to write to a timeline, which contains short-term deadlines. The syllabus is used to populate the planner with note-making goals, which are then ticked off when a student has completed the work. Each week, staff can do spot checks to ensure students are proactively making their notes according to the deadlines they have established in the planner.



Answered: 102 Skipped: 0

3

Watch an example!

Click the play button below to take you to our video library. Enter **teacher** as the password to watch the introduction to the first study skills activity from Study Sensei.

